

Continuing Education Credits (C.E.'s)

This conference provides 3 Continuing Education credits for psychologists. Attendance at the entire Conference is required. No partial credit can be given. Adelphi University is approved by the American Psychological Association to offer Continuing Education credits for psychologists. Adelphi University maintains responsibility for the program. Continuing Education units for social workers are given through the NYS Chapter of the NASW. Three C.E.U. credits have been applied for.

The Postgraduate Programs in Psychoanalysis and Psychotherapy

We offer five advanced training programs for psychologists and other doctoral-level mental health professionals, and master's-level mental health professionals who are licensed for private practice: a one-year program in psychoanalytic psychotherapy; a four-year program in psychoanalysis and psychotherapy; a three-year program in child, adolescent, and family psychotherapy; a two-year program in group psychotherapy; and a two-year program in marriage and couple therapy. There is also a one-year postgraduate program in psychodynamic school psychology with an optional second year for certified school psychologists. Each program integrates theoretical and clinical seminars with supervised clinical experience. We are committed to each candidate's professional and personal growth. Candidates are encouraged and assisted to develop their private practices.

For more information, contact:

**Mrs. Marge Burgard (516) 877-4835, or
burgard@adelphi.edu, or
Mary Beth Cresci, Ph.D., Director, (516) 877-4826**

The Postgraduate Psychotherapy Center

The Postgraduate Psychotherapy Center provides affordable psychotherapy and psychoanalysis by licensed mental health professionals with advanced postgraduate clinical training. Patients are seen in private offices of clinicians throughout Long Island and the New York City metropolitan area. Clinical specializations such as couples therapy, child and adolescent psychotherapy, and group therapy, among others, are also available upon request.

For more information or to schedule an appointment, please contact:

Jack Herskovits, Psy.D., Director, (516) 877-4841

**For more information about this Conference,
contact Mrs. Marge Burgard at (516) 877-4835 or
burgard@adelphi.edu**

Should you require disability accommodations, please email DSS@adelphi.edu, giving notice of 72 hours before the event. Should you require ASL interpreting, seven days' notice is required.

AU ADELPHI
UNIVERSITY
GORDON E. DEBNER INSTITUTE OF
ADVANCED PSYCHOLOGICAL STUDIES
ONE SOUTH AVENUE
P.O. BOX 701
GARDEN CITY, NY 11530-0701

ADELPHI UNIVERSITY
Postgraduate Programs in
Psychoanalysis and Psychotherapy

Presents

“STOP! WAIT! THINK!”
*Helping Children with Challenges in Self-Regulation
Become More Successful in School*

RON BALAMUTH, Ph.D.

Discussant

Daniel Gensler, Ph.D.

A Workshop that Integrates DIR/Floortime and
Psychodynamic Approaches

**Saturday May 31, 2008
8:30 a.m.–12:30 p.m.**

**Adelphi University, Garden City campus
Alumni House
Cambridge Avenue**

Coordinated by:

The Adelphi Postgraduate Program in
Psychodynamic School Psychology
The Adelphi Postgraduate Program in Child,
Adolescent, and Family Psychotherapy

**3 C.E. credits for psychologists and social workers
(applied for)**

CONFERENCE SUMMARY

The focus of this workshop will be the classical challenge faced by clinicians who work with children—how to help the child, his/her parents, teachers, and other school personnel identify and treat problems in self-regulation.

Children often present impulsive, inattentive, conversely withdrawn, constricted, and anxious behavior. An understanding of the sensory and processing challenges that are often involved in such problems can be very helpful to the clinician, the child, and the family.

Strategies will be discussed that are designed to enable children with self-regulation challenges to connect affect to action and to become more intentional, self-regulated individuals. Videotaped materials will be presented to illustrate practical interventions.

This workshop is intended for clinicians in schools, agencies, and private practice, who are seeking to expand their diagnostic and interventional repertoire to include skills in treating children with significant problems such as relating, communicating, and learning.

In this half-day workshop, we will integrate the more traditional psychodynamic child psychotherapy approaches with innovations originating from Floortime and DIR™ approaches developed by Dr. Stanley Greenspan and Dr. Serena Wieder.

The workshop will include:

1 An introduction to a DIR™ based assessment of the school-age child, including the sensory and processing profile of the child and his/her developmental level. A caregiver profile will also be presented.

2 A discussion on practical therapeutic and educational interventions. Interventions are based on psychodynamic DIR™ informed assessments that utilize a multidisciplinary approach, which includes the family, school, and clinicians treating the child.

Conference Objectives

Participants will learn:

1 Techniques to help children increase their self-reflective functions, thereby enhancing self-regulation

2 To integrate developmental, relationship-based interventions into clinical, school, and home settings

3 To organize team collaboration among family members, nonschool practitioners, and school-based personnel

Presenters

Ron Balamuth, Ph.D.

Ron Balamuth, Ph.D., is a graduate of the NYU Postdoctoral Program in Psychotherapy and Psychoanalysis. He is a faculty member and a supervisor at the William Alanson White Institute's Program for Child and Adolescent Psychotherapy. In addition, he is a faculty member at the National Institute for the Psychotherapies. He is also an associate adjunct professor at Teacher's College, Columbia University, and is on the faculty of the DIR/Floortime Institute in Washington, D.C., founded by Dr. Stanley Greenspan, where he has been teaching and supervising in the U.S. and abroad.

Daniel Gensler, Ph.D.

Dan Gensler, Ph.D., is a licensed clinical psychologist in private practice, practicing psychotherapy and psychological testing in Manhattan and Great Neck, New York, where he works with adults, families, couples, adolescents, and children. He has worked in hospitals, schools, corporate, and clinical settings, and has made many professional presentations throughout his career. Currently, he is director of the Child and Family Center at the William Alanson White Institute in New York, supervising analyst and instructor at White, and supervisor and instructor at Adelphi University. He is coauthor of *Relational Child Psychotherapy* (Other Press, 2002), and has also published several articles and chapters in professional literature.

Dr. Gensler received his doctorate degree in psychology from Ferkauf Graduate School of Yeshiva University in 1980, and his certificate in psychoanalysis from the William Alanson White Institute in 1987.

Schedule

8:30 a.m. Registration and Continental Breakfast

9:00 a.m. Welcome

Mary Beth Cresci, Ph.D.

Elaine Seitz, Ph.D.

Stephen Hyman, Ph.D.

9:15 a.m.–10:00 a.m. Ron Balamuth, Ph.D.

Assessment:

1) An introduction to a DIR™ based assessment of the child:

a) Sensory and processing profile

b) The Six Developmental Levels

c) Child-caregiver relationships characteristics

10:00 a.m.–10:15 a.m. Commentary and Dialogue: Daniel Gensler, Ph.D.

10:15 a.m.–10:30 a.m. Coffee Break

10:30 a.m.–11:30 a.m. Ron Balamuth, Ph.D.

2) Intervention:

Intervention programs based on a psychodynamic-DIR™ informed assessment, integrating a multidisciplinary approach that includes the family, the school, and the clinicians treating the child.

11:30 a.m.–11:45 a.m. Commentary and Dialogue: Daniel Gensler Ph.D.

11:45 a.m.–12:30 p.m. Discussion and Questions from the Audience

Registration

**“STOP! WAIT! THINK!”
SELF-REGULATION WORKSHOP
Saturday, May 31, 2008**

Name _____		
Address _____		
City, State, ZIP _____		
Telephone _____	Email Address _____	
Affiliation _____		
	Advanced Registration (Must be postmarked by Monday, May 5, 2008)	On-Site
<input type="checkbox"/> General Public	\$70	\$90
<input type="checkbox"/> Adelphi Faculty and Alumni	\$55	\$80
<input type="checkbox"/> Current Adelphi Graduate and Postgraduate students	\$10	\$40
<input type="checkbox"/> Administrative Charge (For C.E. or C.E.U. credits)	\$10	\$10
Amount Enclosed \$_____		

Please make checks payable to Adelphi University. Mail to Mrs. Marge Burgard, Adelphi University, One South Avenue, P.O. Box 701, Garden City, NY 11530-0701.

Refund Policy: A handling fee of \$20 is deducted for cancellation. Refund requests must be received by mail by May 16, 2008. No refunds will be made thereafter.

Continental breakfast included.

For directions to Adelphi, call (516) 877-6844 or visit www.adelphi.edu/visitors/directions.php