

# Postgraduate Program in Child, Adolescent, and Family Psychotherapy

ADELPHI UNIVERSITY'S DERNER INSTITUTE OF ADVANCED PSYCHOLOGICAL STUDIES

## **"Shut Up and Move" Working with Structured Board Games in Child Psychotherapy**

*Jill Bellinson, Ph.D.*

Children in therapy grow out of dramatic play long before they develop the ability to talk about their difficulties in life. At this stage, they are most comfortable playing board games—a modality that makes many therapists feel untrained and uncomfortable. This workshop will focus on ways to find meaning in the structured board game play of children in psychotherapy, and ways to use those games therapeutically. Case examples will be used to demonstrate the latent meaning of structured game play and to turn board games sessions into therapy sessions.

Jill Bellinson, Ph.D. is author of the book *Children's Use of Board Games in Psychotherapy*. She is a Faculty member and Supervisor in the Postgraduate Program in Child, Adolescent, and Family Psychotherapy at the Derner Institute at Adelphi University and the William Alanson White Institute.

The workshops are open to licensed and license-eligible mental health professionals, graduates, and students of training programs for mental health professionals who work with children and adolescents.

**DATE: Saturday, April 5, 2008**

**TIME: 9:30 a.m.–12:00 noon**

**LOCATION: Adelphi University, Alumni House,  
158 Cambridge Avenue, Garden City, NY**

**TUITION: There is no charge for these workshops**

Certificates of attendance will be provided.

**WORKSHOP SIZE IS LIMITED; ADVANCED REGISTRATION IS REQUESTED.** To reserve a place in these workshops, email [burgard@adelphi.edu](mailto:burgard@adelphi.edu) and indicate that you will attend the April 5 workshop. Please send the following contact information: Name, professional degree or graduate program, email, telephone, and address.

Should you require disability accommodations, please email [DSS@adelphi.edu](mailto:DSS@adelphi.edu), giving notice of 72 hours before the event. Should you require ASL interpreting, seven days' notice is required.



**SAVE THE DATES: May 10, 2008 and May 17, 2008  
Workshops in Psychodynamic Child Psychotherapy**