

Please indicate two workshops you plan to attend:

Psychoanalysis and Psychotherapy

- Workshop A. Working with Dreams in Psychoanalysis and Psychotherapy: The Dream as a Transformational Experience
- Workshop B. A Psychoanalytic Framework for the Treatment of Addiction

Group Psychotherapy

- Workshop A. Resistance to Group in Both Patients and the Leader
- Workshop B. Incorporating Individual and Group Psychotherapy in Your Private Practice

Marriage and Couple Therapy

- Workshop A. Don't Just Do Something...Sit There!
Finding the couple without losing your mind
- Workshop B. What Do You Stand For When You Sit There?
The importance of learning a couples therapy theory to forget

Psychodynamic School Psychology

- Workshop A. Promoting Psychodynamic Relational Understanding In Schools
- Workshop B. Anxiety In Today's Schools: A Psychodynamic Perspective

Child, Adolescent, and Family Therapy

- Workshop A. Psychodynamic Psychotherapy with Children
- Workshop B. Speaking Volumes—But Not Words

WorkShop Times:

- A: 1st 9:30 a.m.–1:00 a.m.
- B: 2nd 11:30 a.m.–1:00 p.m.

This conference provides 3 Continuing Education credits for psychologists. Attendance at the entire conference is required; no partial credit can be given. Adelphi University is approved by the American Psychological Association to offer Continuing Education credits for psychologists. Adelphi University maintains responsibility for the program. Continuing Education units for social workers are given through the NYS Chapter of the NASW. Three CEU credits have been applied for.

Directions: The Adelphi University Manhattan Center is located at 75 Varick Street. The best subway is the #1 to Canal Street, which lets you off in the building. Other subways that are nearby are the A, C, and E. For directions, call (212) 965-8340—#1 (front desk security).

Full refund if cancellation request is postmarked no later than October 21, 2008. No refund after October 21.

Should you require disability accommodations, please email DSS@adelphi.edu, giving notice of 72 hours before the event. Should you require ASL interpreting, seven days' notice is required.

PARTICIPANTS

Carl Bagnini, LCSW, BCD, is on the faculties of the Adelphi Postgraduate Program in Marriage and Couple Therapy and the Institute for Contemporary Psychotherapy and Psychoanalysis, Tampa, Florida, and also national chair of the Child, Couple, and Family Therapy Training Program at the International Psychotherapy Institute in Washington, D.C., and Long Island. He maintains a practice in Glen Head, New York, and has published many book chapters and papers.

Jill Bellinson, Ph.D., is a faculty member and supervisor in the Adelphi Postgraduate Program in Child, Adolescent, and Family Psychotherapy and at the William Alanson White Institute. She is the author of the book, *Children's Use of Board Games in Psychotherapy*.

Sanda Bernstein, Psy.D., is on the faculty of the Adelphi Postgraduate Program in Psychodynamic School Psychology and was chief school psychologist in the Hewlett-Woodmere Public School in Nassau County. She has a private practice in Roslyn Heights, New York.

Mary Beth Cresci, Ph.D., is the president-elect of Division 39 and the past president of the Division of Psychoanalysis of the New York State Psychological Association. She is also the director of the Postgraduate Programs in Psychoanalysis and Psychotherapy at Adelphi's Derner Institute of Advanced Psychological Studies, as well as the former dean of training of the Postgraduate Center for Mental Health in New York City. She teaches, supervises, and serves as a training analyst at several institutes and has published articles on psychoanalytic education and supervision as well as on clinical topics.

Robert Drago, Ph.D., is a faculty member and supervisor in the Postgraduate Program in Child, Adolescent, and Family Psychotherapy. Dr. Drago, who maintains a private practice in Williston Park on Long Island, was codirector of the Child and Adolescent Training Program at the Advanced Center for Psychoanalytic Psychotherapy.

Andrew Eig, Ph.D., is a supervisor and on the faculty of the Adelphi Postgraduate Program in Psychoanalysis and Psychotherapy and the Postgraduate Program in Group Psychotherapy. Dr. Eig has lectured nationally on the topics of group psychotherapy and psychoanalysis and has a private practice in Manhattan.

Louis Gray, M.A., CSP, is a graduate of the Adelphi Postgraduate Program in Psychodynamic School Psychology and a school psychologist in the Sachem Central School District in Suffolk County, where he has worked at the elementary, middle school, and (currently) at the high school level.

Jack Herskovits, Psy.D., is director of the Postgraduate Psychotherapy Center of the Adelphi Postgraduate Programs in Psychoanalysis and Psychotherapy, as well as faculty and supervisor in Adelphi's Postgraduate Program in Psychoanalysis, Manhattan Institute for Psychoanalysis, and the Postgraduate Center for Mental Health. He maintains a private practice in Manhattan.

Joseph Newirth, Ph.D., is a professor at Adelphi's Derner Institute, as well as faculty and supervisor at the Adelphi Postgraduate Program in Psychoanalysis and Psychotherapy, the NYU Postdoctoral Program and NIP. His book, *Between Cognition and Emotion: The Generative Unconscious*, received the Gradiva Award. Dr. Newirth, who has offices in New York City and Great Neck, is now working on a book, *Transformational Process in Psychoanalysis*.

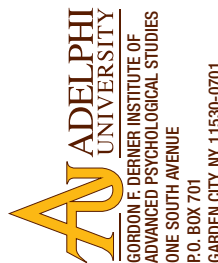
Susan Rubenstein, Ph.D., is a faculty member at the Adelphi Postgraduate Program in Psychodynamic School Psychology and is also a consulting school psychologist in the Hewlett Woodmere Public Schools in Nassau County. She has a private practice in East Williston, New York.

Ionas Sapountzis, Ph.D., is a faculty member and supervisor in the Postgraduate Program in Child, Adolescent, and Family Psychotherapy, a faculty member in the Postgraduate Program in Psychoanalysis and Psychotherapy, and director of the School Psychology Program at Adelphi University. He has a private practice in Garden City, New York.

Lisa Stern, Ph.D., is on the faculties of the doctoral program at Adelphi's Derner Institute of Advanced Psychological Studies, Adelphi's Postgraduate Program in Group Psychotherapy, and its Postgraduate Program in Psychoanalysis and Psychotherapy. She maintains a private practice in New York City.

Michael D. Zentman, Ph.D., is the founder and director of the Postgraduate Program in Marriage and Couple Therapy and on the faculty in the Adelphi Postgraduate Program in Psychoanalysis and Psychotherapy. In addition, he is on the faculty at the Training Institute for Mental Health in New York City and has a private practice in Centerport on Long Island and in Manhattan.

EXPANDING YOUR CLINICAL PRACTICE



EXPANDING YOUR CLINICAL PRACTICE:
Current Applications of Psychoanalytic Technique

EXPANDING YOUR CLINICAL PRACTICE:

Current Applications of Psychoanalytic Technique

5 modalities • 10 workshops

SATURDAY, NOVEMBER 1, 2008

9:00 a.m.–1:00 p.m.

Adelphi University

Manhattan Center

75 Varick Street

2nd Floor

New York, NY 10013

3 CE Credits



EXPANDING Current Applications of YOUR CLINICAL Psychoanalytic Technique PRACTICE

Whether working with adults, children, adolescents, couples, groups, or in a school setting, today's practitioners benefit from a broad repertoire of clinical skills. Faculty from each of our postgraduate programs will offer ten workshops that demonstrate the interface between psychoanalytic technique and five treatment modalities. These workshops will have practical application and relevance to your professional work.

PROGRAM

9:00 a.m.–9:30 a.m. Registration

9:30 a.m.–11:00 a.m. Workshops

11:00 a.m.–11:30 a.m. Coffee Break

11:30 a.m.–1:00 p.m. Workshops

WORKSHOPS

Postgraduate Program in Psychoanalysis and Psychotherapy

Working with Dreams in Psychoanalysis and Psychotherapy: The Dream as a Transformational Experience

Mary Beth M. Cresci, Ph.D., ABPP, and Joseph Newirth, Ph.D., ABPP

Two faculty members will discuss how they use dreams in psychoanalysis and psychotherapy to expand the analytic space. They will emphasize the importance of the analyst's reverie regarding the dream and the co-creation of a new intersubjective narrative between the analyst and the patient. Specific examples will be given to demonstrate this process, and participants in the workshop will be encouraged to discuss their own experiences in working with dreams.

A Psychoanalytic Framework For the Treatment of Addiction

Jack Herskovits, Psy.D.

This workshop will provide an overview of psychoanalytic contributions to the understanding and treatment of addictive and compulsive behavior problems. A variety of theoretical perspectives, including drive theory, ego psychology, object relations theory, self psychology, and interpersonal theory will be reviewed and compared. The powerful impact of the disease model, the recovery movement, and the harm reduction movement on psychoanalytic paradigms will be examined as well. Participants are invited to present clinical material for discussion.

Postgraduate Program in Group Psychotherapy

Resistance to Group in Both Patients and the Leader

Lisa Stern, Ph.D.

Psychoanalytically oriented group treatment provides unique opportunities for emotional growth for patients and leaders alike. Those opportunities challenge, stimulate, and crystallize previously unknown and unarticulated anxieties. As a result, both patients and leaders are often resistant to entering and forming groups. Through didactic presentation, sharing, and experiential process, this workshop will explore how patients and leaders express and work through their resistance, so that your groups can form, cohere, and progress.

Incorporating Individual and Group Psychotherapy in Your Private Practice

Andrew Eig, Ph.D.

Combined treatment, having your patients in group and individual therapy simultaneously, provides a unique opportunity for psychological growth. This workshop will help participants integrate a cross-modal approach into their private practice. Other issues such as the therapist's anxiety in beginning a group in private practice as well as common pitfalls and dilemmas in combined treatment will also be addressed.

Postgraduate Program in Marriage and Couple Therapy

Don't Just Do Something...Sit There!

Finding the couple without losing your mind

Carl Bagnini, LCSW, BCD, and Michael D. Zentman, Ph.D.

Couples entering treatment often feel desperate about the state of their relationship, about the viability of their bond. For some, our interest and involvement can soothe their anxiety and contribute to a sense of hope. For others, this may not be enough. In early encounters with hard-to-reach or overwhelmed couples, we often experience an induced pressure to act, to fix, to ameliorate their pain. At these times, when it is most difficult to sit back, observe, and evaluate the relationship, we often feel compelled to intervene. This workshop will explore our tendencies to be overactive and to overfunction in clinical situations with highly distressed couples. Video vignettes of a clinical session will be used to demonstrate various perspectives.

What Do You Stand For When You Sit There?

The importance of learning a couples therapy theory to forget

Michael D. Zentman, Ph.D., and Carl Bagnini, LCSW, BCD

Salvador Minuchin referred to a process he called "training in spontaneity." He advocated learning a theory sufficiently to be able to forget it. If we are theory-bound, our work can become stilted. If we are theory-less, our work can feel aimless. It is important to know what we theoretically stand for when we work with couples. In this workshop, we will discuss the importance of building a theory base for doing couple work—theory as a companion "good object" that accompanies us in the room and that helps holding and containment and gives meaning to the couple so that we can do the work of understanding and engaging. Clinical video vignettes will provide material for discussion.

Postgraduate Program in Psychodynamic School Psychology

Promoting Psychodynamic Relational Understanding in Schools
Louis Gray, M.A., CSP

When educators are able to understand transference reactions, unconscious motivators, defenses, and the resistances that they themselves experience when relating to a child, it is possible for these educators to develop empathy and reframe their views of that student. Case material will be presented to demonstrate how ongoing consultation among various faculty members, a student, her parents, and the psychodynamically informed school psychologist led to a transformative experience in the functioning of an acting-out high school student.

Anxiety in Today's Schools: A Psychodynamic Perspective

Sanda Bernstein, Psy.D., and Susan Rubenstein, Ph.D.

School was not always a place in which anxiety was inherent as part of the atmosphere in the classroom. This has changed. The national tragedies of September 11, 2001, Columbine, and Virginia Tech have dramatically altered our sense of personal safety and security. In addition, heightened anxiety in schools follows from the very significant personal, parental, governmental, and administrative pressures on schools and on children to "succeed." A psychodynamic perspective can help us to understand and even anticipate systemic anxiety. We will use case examples to illustrate effective, psychodynamically based interventions that will enable educators to provide a secure holding environment as they contain their own anxieties as well as the anxieties of the children they serve.

Postgraduate Program in Child, Adolescent, and Family Therapy

Psychodynamic Psychotherapy with Children

Ionas Sapountzis, Ph.D., and Robert Drago, Ph.D.

This workshop will focus on the use of play, verbal communication, and the therapeutic relationship to enhance children's awareness of their affective experience and inner world. The workshop leaders will review technical issues, and the group will discuss clinical material presented by the workshop leaders and group members.

Speaking Volumes—But Not Words

Jill Bellinson, Ph.D.

Children in psychotherapy rarely tell us about events in their lives; they show us their thoughts and feelings in action and metaphor. They pretend to feed or shoot us, play structured games, tell us about video games or television shows, run down the hall and turn out all the lights, and silently shrug in answer to our questions. This workshop will explore ways in which children's dynamics can be understood through interpretation of the symbolic meanings of behavior, board game play, and even silent withdrawal.

THE POSTGRADUATE PROGRAMS IN PSYCHOANALYSIS AND PSYCHOTHERAPY

We offer five advanced training programs for licensed mental health professionals: A one-year program in psychoanalytic psychotherapy; a four-year program in psychoanalysis and psychotherapy; a three-year program in child, adolescent, and family psychotherapy; one- and two-year programs in group psychotherapy; and a two-year program in marriage and couple therapy. There is also a one-year postgraduate program in psychodynamic school psychology with an optional second year for certified school psychologists. Each program integrates theoretical and clinical seminars with supervised clinical experience. We are committed to each candidate's professional and personal growth. Candidates are encouraged and assisted to develop their private practices.

For more information, contact:

Marge Burgard (516) 877-4835 or burgard@adelphi.edu or
Mary Beth M. Cresci, Ph.D., Director, (516) 877-4826

The Postgraduate Psychotherapy Center

The Postgraduate Psychotherapy Center provides affordable psychotherapy and psychoanalysis by licensed mental health professionals with advanced postgraduate clinical training. Patients are seen in private offices of clinicians throughout Long Island and the New York City metropolitan area. Clinical specializations such as couples therapy, child and adolescent psychotherapy and group therapy, among others, are available. Low-cost psychoanalysis is also offered. For more information or to schedule an appointment, please contact: Jack Herskovits, Psy.D., Director at (516) 877- 4841.

Conference Coordinators: Stephen Hyman, Ph.D. and Michael D. Zentman, Ph.D.

REGISTRATION

EXPANDING YOUR CLINICAL PRACTICE:
Current Applications of Psychoanalytic Technique

Name _____ Degree _____

Address _____

Telephone _____

Email _____

Business address _____

	Advanced Registration (Postmarked by October 14)	On-site
General	\$30	\$40
Derner Institute and Postgraduate Affiliates and Faculty	\$20	\$30
Candidates and Graduate Students with ID	\$10	\$15
Add \$10 for CE Credits	No credit cards accepted at the door.	
Number of registrants _____		
Amount Enclosed \$ _____		
Make checks payable to Adelphi University.		

Mail to: Marge Burgard, Administrative Assistant
Postgraduate Programs in
Psychoanalysis and Psychotherapy
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